

STARTERS

VISION SETTING WORKSHOP

Create an inspirational mission statement (that expresses your goals and how you will measure them), that can be communicated across the organisation.

0.5 DAY £5,000 1 DAY £7,000

UCD WORKSHOP

Identify your customers (users, stakeholders, sponsors). Gain clarity on their wants and needs. Design unique value propositions that meet these needs.

1 DAY £10,000

PRODUCT MANAGEMENT COURSE

Explore what it means to be a Product
Manager, the skills required and the
challenges that lie ahead. Gain a clear
vision of where to start and how to navigate
the evolving landscape of product
development.

2 DAYS £12,000

Certification available



MAIN COURSES

AGILE FUNDAMENTALS COURSE

Understand the what and the why of agile.

Consider what your organisation is doing well and where it could make improvements.

0.5 DAY £2,000

SCRUM FRAMEWORK COURSE

Learn how to apply agile using the Scrum framework, including the roles of the Scrum team, how to plan projects and track progress, collaboration and much more.

1.5 DAYS £9,000

Certification available if both courses taken together Certification: ICAgile Agile Fundamentals (ICP)

THE KANBAN METHOD COURSE

Explains the basics of systems-thinking, the 6 principles of the Kanban Method, key terms (including WIP limits, pull system).

0.5 DAY £2,000

ESTIMATING AND FORECASTING COURSE

Learn the why, what, when and how of estimating and forecasting with a range of practical exercises.

1 DAY £6,000



MAIN COURSES

THE ART OF PROFESSIONAL COACHING COURSE

Certification: ICF Accredited Level 1 Coach Education

Acquire a set of professional coaching skills so you can grow, lead and inspire others within a variety of organisational settings.

Module 1

3 day in-person led training, including 7+ hours of hands-on coaching practice and observation.

Module 2

6 x 3-hour online workshops focusing on the ICF Core Competencies

Module 3

10 x 1-hour online mentor coach sessions (a mixture of group and 1-to-1)

£3,950 PER PERSON

AGILE TEAM COACH COURSE

Certification: ICAgile Agile Coaching (ICP-ACC)

Gain the professional coaching skills needed to overcome obstacles and help your teams thrive on their agile journey.

3 DAYS IN-PERSON £1,200 PER PERSON

OVER 5 DAYS ONLINE £1,000 PER PERSON



SPECIALS

COMPANY RETROSPECTIVE

Identify and analyse the problems that are being experienced today across the org.

0.5 DAY £2,000

TEAM HEALTH CHECK

Understand where the challenges are being felt across the teams and identify any common patterns.

0.5 DAY PER TEAM £2,000

SYSTEMS MODELLING

Reveal/review how work flows through your teams. Analyse and identify opportunities for improvement.

> 0.5 DAY £2,000

STORY MAPPING AND ROADMAPS

Identify the backbone of your product or service.

Prioritise the work items to deliver the most value in the best time.

1 DAY £6,000

TEAM KICK-OFF / TEAM REFRESH

Form (or re-energise) strong teams with explicit policies that define their ways of working. Begin forming great relationships through team building.

0.5 - 1 DAY £3,500 - £5,000



TEAM COACHING AND MENTORING

Teams identify challenges/situations that they would like to focus on, then work through them as a group (includes optional sharing of knowledge and experience from us).

60-90 MINUTES/SESSION £300-450/SESSION

1-TO-1 COACHING AND/OR MENTORING

Individuals identify challenges/situations that they would like to focus on, then work through them (includes optional sharing of knowledge and experience from us).

60-90 MINUTES/SESSION £300-450/SESSION

DEVELOP COMMUNITIES OF PRACTICE

Creates organisation-wide groups of people with shared disciplines where they can support each other and grow.

60-90 MINUTES/SESSION £300-450/SESSION

SOFT SKILLS WORKSHOPS

Targeted workshops to help develop out the soft skills teams need to thrive, such as giving feedback and psychological safety.

VARIABLE



TAKEAWAYS

Each of these tasty on-demand eCourses is delivered to your door and consumed independently at your own pace. Can be tailored to your brand on orders over 50 seats.

A SHORT INTRODUCTION TO AGILE & SCRUM

Learn what Agile and Scrum are about in this 60-minute, fun and interactive course. After only a an hour you will know about terms such as Sprints, Backlogs and Scrum Masters.

£90/PERSON

A SHORT INTRODUCTION TO KANBAN

A 60-minute introduction to The Kanban Method. Find out all about WIP limits, pull systems, explicit policies and managing flow in this short, fun and interactive course.

£90/PERSON

AN INTRODUCTION TO ESTIMATING & FORECASTING

Learn a range of approaches for estimating and forecasting in this 200-minute, fun and interactive course.

£250/PERSON

VISUAL THINKING: INTRO TO BIKABLO

Learn the basics of visual thinking in 90 minutes. This is a fantastic tool to supercharge your ability to communicate, collaborate and problem-solve effectively.

£60/PERSON

Please note all prices exclude VAT.



My mantra is "Everybody has the right to improve their personal and professional life" and I believe that the best way to achieve this is by making small evolutionary improvements regularly.

Your teams will benefit from regular sessions with us which is why we also offer a subscription-based service.

THE PLATINUM PACKAGE

Receive the following every month:

1 x Team coaching session (90 mins)
1 x Community of Practice session (90 mins)
4 x Individual mentoring sessions (90 mins each)

+ receive a free team health check every 3 months (worth £2,000)

£2,100 PER MONTH



THE GOLD PACKAGE

Receive the following every month:

1 x Community of Practice session (60 mins)
2 x Individual mentoring sessions (60 mins each)

£750 PER MONTH A saving of £1,800 per year

Subscriptions can also be tailored to your team.

Can be billed annually if desired.

Please note all prices exclude VAT.